

# THERAPEUTIC PROGRAMS

## TR NIGHT TO REMEMBER

Bring a date, friend, or buddy and come enjoy a good time with friends. We're off to a dinner and movie. Money for admission, dinner, and snacks required.

**Day:** Friday  
**Date:** August 27  
**Time:** 5:30 p.m. - 9:00 p.m.  
**Fee:** \$5 per person  
**Age:** 15 & older  
**Location:** Depart Activities House

## TR ZUMBA GOLD

The goal is simple! We want you to work out and to have fun doing so. Join us for the beat of Latin music and easy to follow moves.



**Day:** Thursdays  
**Date:** September 2, 9, 23, 30  
**Time:** 4:30 p.m. - 5:30 p.m.  
**Fee:** \$30 per person  
**Age:** 16 & older  
**Location:** Activities House

## TR PJ'S, PIZZA, & A MOVIE

Watching a movie in our pajamas? What more could you ask for? Wear you pj's and come enjoy some pizza while watching a movie with your friends!



**Day:** Thursday  
**Date:** September 9  
**Time:** 5:30 p.m. - 8:30 p.m.  
**Fee:** \$5 per person  
**Age:** 12 & older  
**Location:** Activities House

## TR CREATIVE MOVEMENT

This class is a structured program designed for the early development of dance and movement. The class will use a mixture of creative movement with a splash of hip hop. The classes are fun, friendly, and engaging. Music is age appropriate and tame!

**Day:** Thursdays  
**Date:** Session I: August 26 - September 30  
 Session II: October 7 - November 18  
**Time:** 6:00 p.m. - 7:00 p.m.  
**Fee:** \$75 per session  
**Age:** 14 & older  
**Location:** Kiwanis Center



\* No class November 11th!

## TR ART EXPLOSION

Seasons change and our TR Art Class is EXPLODING with color and creative ideas! Students will work with mixed mediums, acrylic paints, clay, mosaics, and anything else we put our creative hands and minds on. All projects will be shown in our personal art gallery for all parents to see!

**Day:** Mondays  
**Date:** Session I: September 13, 20, 27  
 Session II: October 4, 11, 18  
 Session III: November 1, 8, 15  
**Time:** 5:30 p.m. - 6:30 p.m.  
**Fee:** \$75 per person  
**Age:** 10 & older  
**Location:** Activities House



## TR KARAOKE NIGHT

Have you always wanted to be a rock star? Well, now's your chance! Come out and join us for the Annual Karaoke Night!



**Day:** Tuesday  
**Date:** September 28  
**Time:** 6:30 p.m. - 8:30 p.m.  
**Fee:** \$3 per person  
**Age:** 14 & older  
**Location:** Activities House

## TR DEVOUR IN AN HOUR

This group is designed to help participants work through social skills while in the community.

**Day:** Thursdays  
**Date:** September 30, October 28  
**Time:** 11:30 a.m. - 2:30 p.m.  
**Fee:** \$5 per day  
**Age:** 18 & older  
**Location:** Depart Activities House

## TR WII FIT CLUB

Come meet us for a Wii bit of fun while actually exercising! Wii will not tell you what sport Wii will be doing each day, so always come dressed and prepared to work out. Bring a bottle of water!

**Day:** Tuesdays  
**Date:** October 12, 26, November 9, 30, December 14  
**Time:** 5:30 p.m. - 6:30 p.m.  
**Fee:** None  
**Age:** 15 & older  
**Location:** Activities House

